**TUPE AT A GLANCE**

**YCOE TOBACCO USE PREVENTION EDUCATION NEWSLETTER**

**Nicotine among teens is at its all time high**

Vaping among teens is at an all time high and many young adults don't realize they are becoming addicted to nicotine. Teens don't understand that it is altering their brain. Misconception is that vaping means “smoking vapor” and that it is water based. The reality is that it is an aerosol similar to hairspray that has many harmful chemicals in it.

- Do your teachers know how to identify a vape device?
- What percent of vaping related suspensions have happened in your district?
- Let's start the year off right by educating our students and staff on the effects of nicotine.

**Leadership Meeting Dates**

Please join us for a minimum of two leadership meetings this year

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>September 26</td>
<td>Review 2018 CHKS data</td>
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<tr>
<td>October 24</td>
<td>General Leadership Meeting</td>
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<tr>
<td>November 12</td>
<td>General Leadership Meeting</td>
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<td>January 23</td>
<td>CHKS Review for deployment</td>
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**Tasks to Complete**

- Sign and Return MOU
- Setup TUPE budget
- Review State and Current Plans document
- Train teachers who will be delivering Stanford Prevention Tool kit curriculum

**Upcoming Events**

**October 1 and 2**
New TUPE Coordinators Meeting

**November 6 and 7**
Healthy Kids Conference

**FIRST DEATH FROM VAPING ILLNESS**

Back To School Night is a great place to have pamphlets available for students and parents on the effects of vaping.